

### **Ultrasound Liver & Gallbladder and Upper abdomen:-**

Do not drink (except plain water) or eat at least 6 hours before the test.

### **Ultrasound Pelvis / Prostate:-**

The patient's bladder must be full. Drink lots of water before the examination, and cannot urinate until after the exam.

### **Ultrasound Whole abdomen:-**

- Do not drink (except plain water) or eat at least 6 hours before the test.
- The patient's bladder must be full. Drink lots of water before the examination, and cannot urinate until after the exam.

### **CT study with intravenous contrast:-**

- Do not drink (except plain water) or eat at least 4 hours before the exam << CT Upper / Whole abdomen – drink a lot of water before exam>>;
- If patient have previous history of allergy or asthma, 80 mg Prednisolone can prescribed by the referral doctor or HKIEC;
- Diabetic patient who take metformin (Glucophage or Glucovance) → stop metformin on the day of the exam and for 2 days after exam;
- Renal impairment patient → must have update creatinine result or taken at HKIEC before the contrast examination;

### **CT Coronary Angiogram:-**

- Do not drink (except plain water) or eat at least 4 hours before the exam.
- Patients should avoid cigarettes, coffee, tea, cola, coca or chocolate within 24 hrs.
- If patient have previous history of allergy or asthma, 80 mg Prednisolone can prescribed by the referral doctor or HKIEC;
- Diabetic patient who take metformin (Glucophage or Glucovance) → stop metformin on the day of the exam and for 2 days after exam;
- Renal impairment patient → must have update creatinine result or taken at HKIEC before the contrast examination.

### **PET-CT:-**

- Do not drink (except plain water) or eat at least 4 hours before the exam;
- No dextrose drip 6 hours before scan.
- Avoid strenuous exercise 1 day prior to the scan;
- Diabetic patient who take metformin (Glucophage or Glucovance) → stop metformin on the day of the exam and for 2 days after exam;
- Female patient should not be pregnant

### **MRCP:-**

Do not drink or eat at least 4 hours before the test.

**OGD & Cystoscopy:-**

- Do not drink or eat at least 6 hours before the exam;
- Do not drive to the clinic on the day of examination. It is better for the patient to be accompanied by one in our clinic;

**Colonoscopy:-**

- Only take a low residue diet (i.e. no grains, vegetables) three days before examination.
- The day of exam only clear fluid is allowed (i.e. clear apple juice, water or clear soup ~ avoid milk);
- Take laxative one day before exam;
- Do not drive to the clinic on the day of examination. It is better for the patient to be accompanied by one in our clinic;